

Information on the Colonoscopy Procedure

Dear Patient!

Your screening takes place on _____

Please bring two large bath towels and a towel as well as the completed and signed patient information forms to the screening! Since you will be given drugs (sedatives or anaesthetics), the screening will be totally painless. For the sake of patient safety a Consultant Anaesthetist will be present during the entire procedure. Typically you will be ready to leave the practice an hour after the procedure has ended. **After the screening please have a responsible adult pick you up at the practice**, as the medication used for the procedure will impair your reflexes and you must not drive any vehicles.

Our practice team will gladly answer all your questions!

Please observe the information below!

Before the screening

After consulting with your GP, you may be required to stop taking blood-thinning medication one week prior to the examination.

Are you diabetic? Please talk to your attending physician regarding the dosage of your medication (insulin)!

Are you taking the contraceptive pill? Because of taking a laxative, it may not provide the desired level of protection!

If you are unable to keep your appointment, please cancel it at least 2 clinic days in advance by telephoning us (phone 01/604 43 93).

If you fail to notify us in due time, you will be charged an administration fee of EUR 100.

4 days before the screening

You may have: Coffee, tea, apple juice, white bread, eggs, compote, mashed potatoes, pasta, turkey, chicken, broth, applesauce.

You may not have: fresh fruit, tomatoes, grapes, pulses, cabbage, cereal, coarse dark bread, long fibred meat, wholemeal products, rice, wheat bran, nuts, seeds, milk and dairy products.

The day before the screening

Please do not eat anything. Drink at least 4 litres of liquid.

Take the laxative according to the instructions.

On the day of the screening

Please do not eat or drink anything!